

Retina & Diabetic Eye Specialists, P.C.

Discharge Instructions for Retinal Surgery

1. **Care of the eye:**

- Wear shield or eye glasses 24 hours a day for two (2) weeks.
- A small amount of blood or drainage on your bandage is normal. The gauze pad will absorb fluid from the eye.

2. Maintain patch and shield over eye until tomorrow.

3. **Medications:** Start in the operative eye the day after surgery as directed by Surgeon

Wash hands before and after instilling medication. Shake bottle before instilling all drops. **Wait 5 minutes between eye drops.**

4. **Activity should be limited.** Avoid doing the following:

Bending	Getting soap in your eye
Lifting and straining	Driving
Strenuous exercise	Swimming or Hot Tubs

5. **Position of the head:** Some patients will have a gas bubble in their eye to bandage the Retina. You must maintain the head position as directed by your surgeon-

6. **Pain:** Take Tylenol as prescribed on the bottle **OR** take the pain medication prescribed by your physician. Severe pain that is unrelieved by medication or pain that increases daily instead of decreasing, should be reported **IMMEDIATELY** to your physician at the number listed below. Also report any decrease in vision, flashes, increased eye redness, or a shadow over your vision.

7. If you have any additional concerns, please call our office at 610-690-4900. There is a physician on call 24 hours a day.